

## ..... MYTHS .....

- Domestic violence consists solely of physical abuse.
- Abuse only happens in certain "problem" families, ethnic minorities, uneducated or poorer areas.
- Domestic violence is a "family" matter.
- Domestic violence is caused by excessive alcohol or the use of drugs.
- Domestic violence is a one time incident.
- Members of the LGBTQ community don't experience domestic violence.
- Men aren't victims of domestic violence.

## ..... FACTS .....

- In addition to physical abuse, domestic violence may also include mental, emotional, verbal, sexual, digital, spiritual, and financial abuse.
- Persons of any class, culture, religion, sexual orientation, marital status, age, and sex can be victims/perpetrators of domestic violence.
- Domestic violence has far-reaching social and economic implications for everyone.
- Alcohol and drugs may increase the violence, but they do not cause it.
- Very rarely is abuse a one time incident. The violence tends to increase over time.
- Abuse is about control within a relationship and can occur within any kind of relationship.

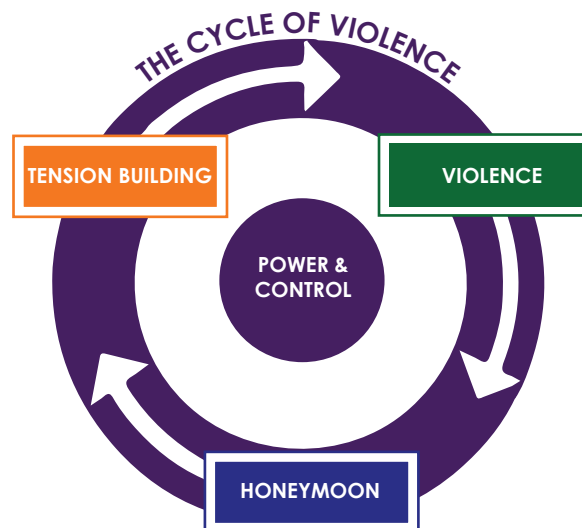
## ..... DID YOU KNOW? .....



### ..... DV 101 ..... Statistics, Myths, and Understanding the Dynamics of Abuse

**WHAT IS DOMESTIC VIOLENCE?** Domestic violence is a pattern of assaultive and coercive behaviors that adults or adolescents use against their current or former intimate partners\*.

*\*In addition to spousal relationships, intimate partners include individuals with whom one has had a child or is having or has had a dating or engagement relationship.*



**WHO IS AFFECTED BY DOMESTIC VIOLENCE?** The impact of domestic violence is not limited to adult victims, children who are exposed in the home to the harmful effects of domestic violence are more prone to exhibit unhealthy relationship behaviors and repeat the cycle of violence.

## ..... IMPACT .....

**1** in 3 women and 1 in 4 men have been victims of [some form of] physical violence by an intimate partner within their lifetime.

On average, nearly 20 people per minute are physically abused by an intimate partner in the U.S.



**19.3 MILLION** women and 5.1 million men in the United States have been stalked in their lifetime.

48.4% of women and 48.8% of men have experienced at least one incident of psychologically aggressive behavior by an intimate partner.



**4** in 10 women and men have experienced at least one form of coercive control by an intimate partner in their lifetime.

Please send mail to:  
WomenShelter of Long Beach  
P.O. Box 17098  
Long Beach, CA 90807  
Office: (562) 437-7233  
Info@womenshelterlb.org

Since 1977, WSLB has helped thousands of families overcome the trauma caused by domestic violence. WSLB assists victims, including women, men, and members of the LGBTQ community and their children by providing confidential supportive services including emergency housing, 24-hour crisis hotline, counseling, social services support, legal and health advocacy, and much more at no cost.

Domestic Violence Resource Center  
4201 Long Beach Blvd., Ste. 102  
Long Beach, CA 90807  
24-Hour Crisis Hotline: (562) 437-4663  
Fax: (562) 436-4943  
Womenshelterlb.org

**THE MISSION OF WSLB IS TO ELIMINATE DOMESTIC VIOLENCE THROUGH COMPASSIONATE INTERVENTION, EDUCATION, AND PERSONAL EMPOWERMENT.**