Unfortunately, domestic violence is an everyday occurrence - on average, 24 people per minute are victims of rape, physical violence or stalking - making it a chronic social and public health issue in the U.S. WomenShelter is dedicated to putting an end to domestic violence and breaking the cycle of violence altogether. By providing supportive housing, counseling, legal and health advocacy, case management, and support groups to victims - including women, men, children, and members of the LGBTQ community - we are able to help those who have experienced abuse, heal. The victims we serve are members of the community, they are not a distant “them.” They may be your neighbor, your daughter, or your friend, and we will do all that we can to help them forge their path to a life free from violence.

Our training sessions, presentations, youth/adult programs, and other outreach efforts, deliver critical education to those in our community. We provide the tools to identify the early warning signs of abuse, avoid toxic relationships, and instead build healthy relationships based upon mutual respect and trust. Too often the penalties of domestic violence remain on the shoulders of victims and their children, but through your continuous support we aim to eliminate domestic violence through compassionate intervention, education, and personal empowerment.

Mary Ellen Mitchell

“WomenShelter helped me know and understand all the different forms of domestic violence. At age 57, I had no idea what domestic violence was, though I suffered and lived in extreme trauma for 39 years. I am thankful for learning how to work on myself to get better and to keep myself and my family safe.”

“I believe that if it wasn’t for the support my children and I received from WSLB, I wouldn’t have been able to achieve so much. I was beaten, choked, and hopeless. Now, I’m in college and proud that my children are all honor students.”

“Estas clases me han ayudado bastante y a mis niñas tambien. Gracias por existir y por apoyarnos.”

“WSLB helped me understand that I had legal rights I didn’t know. The legal advocate helped me file a restraining order against my batterer and get temporary custody of my twins to protect them. She got a police escort to come with me to get things out of my home for my kids and me. I would have been overwhelmed figuring this out on my own.”

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Message from WSLB Executive Director

WSLB

Client Services:

- 24-hour crisis hotline
- Supportive housing
- Adult services
- Youth services
- Legal & health advocacy
- Outreach & education

WOMENSHELTER OF LONG BEACH
Serving victims and their families since 1977

Message from WSLB Executive Director

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2018-2019 WSLB Impact

- 1,194 Crisis Hotline calls answered
- 27,806 Direct Client Services provided at no cost
- 5,023 Community Members Reached through services & outreach
- 2,500 Youth Reached through education

WSLB

Client Services:

- 24-hour crisis hotline
- Supportive housing
- Adult services
- Youth services
- Legal & health advocacy
- Outreach & education

Mailing Address:
P.O. Box 17098
Long Beach, CA 90807
Office: (562) 437-7233
Info@womenshelterlb.org
MeMitchell@womenshelterlb.org

Domestic Violence Resource Center
4201 Long Beach Blvd., Ste. 102
Long Beach, CA 90807
24-Hour Crisis Hotline: (562) 437-4663
Fax: (562) 436-4943
Womenshelterlb.org
**Survivor Stories**

**Allison: A Mother’s Love**

“The father of my children beat me and got into fights with anyone who crossed him when he was drinking. He’s in jail, but not for beating me. I had a new boyfriend and when I realized that I had chosen another violent partner, I knew I needed help. My boy was acting out - angry and confused - making his little sister cry. I called the hotline and WSLB took us in. They gave us shelter, guidance, and support. My angry little boy got art therapy counseling and he was able to express the fear and anger bottled up inside. He began to improve his ability to deal with his feelings and get rid of them. WSLB showed me how to be the mother her children would be proud of.”

**Sarah: Breaking the Cycle**

“I grew up with domestic violence. I witnessed my mother experience it, but did not understand what it was. It was not until I began receiving supportive services that I learned what domestic violence was. It occurred to me that if my mother and I did not know what domestic violence was, there must be other people out there as well. My biggest motivating factor is reaching and helping other youth who might be experiencing or witnessing domestic violence. As a WSLB Youth Ambassador, I can advocate for youth; I can give them a voice.”

**YOUR IMPACT**

Thank you for helping us accomplish so many great things in the last year! Each day, WomenShelter staff is working to develop current and new programs in an effort to increase domestic violence awareness, to support victims and survivors, and to ultimately eliminate domestic violence. It is with the continued support of generous donors that we are able to work towards this end. Every little bit counts and has a lasting impact on the lives of the thousands of victims, survivors, and potential victims WSLB reaches each year. This is YOUR impact.

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**Client Demographics**

- **Gender Distribution**
  - Women: 89%
  - Men: 9.7%
  - Unreported: 1%
  - Non-Binary: <.3%

- **Age Distribution**
  - Age 0-17: 64%
  - Age 18-24: 14.3%
  - Age 25-59: 9.1%
  - Age 60+: 11%
  - Unreported: 1.6%

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**Youth Impact**

- **68** Youth Services Presentations
- **2,500** Attended Youth Presentations
- **80** Outreach Youth Clients

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In 2019 we held our second annual Building Healthy Relationships through Prevention Education Youth Conference at the Renaissance Hotel in downtown Long Beach. Attendance was twice what it was at our inaugural conference in 2018 with nearly 200 youth, adult caregivers, service providers, and community members. Research shows that nearly 1.5 million high school students nationwide experience physical abuse from a dating partner. For this reason, it is imperative that we continue to build momentum with our prevention education programs and events such as the Youth Conference and Youth Ambassador Program.